

# Checked your tackle?

Testicular cancer is the most common cancer amongst young men

Check yourself monthly. Testicular self-examination could save your life. See your doctor if you have any of these symptoms.

Check for  
Dull ache

Hard, painless lumps

Collection of fluid in the scrotum

One testicle getting heavier or larger



Photo. by Carol Lewis

Produced by Health Promotion, part of the Gloucestershire Public Health Network 